



# Measurement-Based Care: What it is, Why it Matters, and How to Put it into Practice

for professionals in psychology, behavioral health, and social work

The movement of applying Measurement-Based Care (MBC) in community mental health settings is the premier framework for improving the effectiveness, efficiency, and equitability of services provided. This training will introduce and unpack MBC at the clinician, team, and agency model, with a direct line drawn to why it is worth the time and intention to implement this approach. Evidenced based measurement tools will be surveyed, as well as a model for systems-side implementation of MBC.

# **OBJECTIVES**

- 1. Articulate a robust definition of measurement-based care and its application at the clinician, team, and agency level.
- 2. Demonstrate a working knowledge of the specific evidenced-based measurement tools presented in this session.
- Identify and discuss issues related to system-wide implementation of measurement-based care.

## LOCATION

Zoom Meeting

COST

No fee to attend this training.

### REGISTER ONLINE

go.unl.edu/ mbc

Thursday, March 30, 2023 12:00 noon-3:00 p.m. (Central)

### CONTINUING EDUCATION

**INSTRUCTIONAL LEVEL:** Introductory

This training has been approved for 2.75 continuing education credits for psychologists\* and 2.75 continuing education credits for Nebraska LADCs. Credits will be awarded to participants who attend the entire training.

\*Continuing education for psychologists may be used by other licensed behavioral health professionals. Please check with your licensing board. Continuing education credit is granted on a one credit per one instructional hour basis.

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.

### **SPONSORS**

Sponsored by the Nebraska Department of Health and Human Services Division of Behavioral Health and the University of Nebraska Public Policy Center.



DEPT. OF HEALTH AND HUMAN SERVICES



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ADAM GRAHAM LPC-MHSP

Adam Graham is licensed professional counselor with 14 years of experience in community mental health in Nashville, TN. Adam served in roles of Care Manager, Crisis Counselor, Supervisor, and Director of Emergency Psychiatric Services.

Today, Adam is a clinical consultant with TBD Solutions, a mental health consultant for the FBI, and a professor with Vanderbilt University's graduate counseling program.