

## College of Education and Human Sciences Department of Nutrition and Health Sciences

## **ATHLETIC TRAINING PROGRAM**

## **Technical Standards Policy for Admission**

The Athletic Training Program at the University of Nebraska is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency, Commission on Accreditation of Athletic Training Education.

All students admitted to the UNL ATP must satisfy the following abilities and expectations as described in the Technical Standards. In the event a student is unable to fulfill the expectations, with or without reasonable accommodation, the student will not be admitted into nor allowed to continue in the UNL ATP. Compliance with the UNL ATP Technical Standards alone does not guarantee a student's eligibility for the Board of Certification Examination.

Candidates for admission and retention in the Athletic Training Program must demonstrate:

- 1. The mental capacity to assimilate, analyze, synthesize, integrate concepts, and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
- 2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely, and efficiently use equipment and materials during the assessment and treatment of patients.

- 3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
- 4. The ability to record the physical examination results and a treatment plan clearly and accurately.
- 5. The capacity to maintain composure and continue to function well during periods of high stress.
- 6. The perseverance, diligence, and commitment to complete the athletic training education program as outlined and sequenced.
- 7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
- 8. Effective skills, appropriate demeanor, and rapport that relate to professional education and quality patient care.

An electronic verification of the student's ability to meet these standards will be assessed yearly and stored on Typhon. An example of the UNL ATP Technical Standards Policy verification form can be found in <u>Appendix F</u>.