

## Navigating Ethics & Boundaries as Peer Professionals

### *for Certified Peer Support Specialists*

In this training, participants will be invited to learn about ethics and boundaries in behavioral healthcare through the lens of peer recovery support specialists. We'll revisit and define universal peer values, explore how our individual morals impact how we make decisions in ethical situations, and look at a tool that can help guide us to provide a framework for decision-making. Finally, participants will put everything together and work through several common ethical scenarios in order to put their skills into practice.

### OBJECTIVES

1. Define at least three core peer values.
2. Utilize the Ethics and Boundaries Decision-Making Triangle tool.
3. Articulate how ethics in peer support differ from ethics in other behavioral health professions.

### LOCATION

Zoom Meeting

### COST

No fee to attend this training.

### REGISTER ONLINE

[go.unl.edu/navigating\\_ethics](https://go.unl.edu/navigating_ethics)

*This training is funded in whole or in part by funds from the SAMHSA Community Mental Health Block Grant, SAMHSA Substance Abuse Prevention & Treatment Block Grant and state funds sub-granted from the Nebraska Department of Health and Services, Division of Behavioral Health.*

**Thursday, April 13, 2023**  
**1:00 p.m. – 4:00 p.m. (Central)**

### CONTINUING EDUCATION

This training has been approved for 3.0 hours towards Certified Peer Support Specialists (CPSS) certification. Participants must attend the entire training to be eligible for continuing education hours.

### SPONSORS

*Sponsored by the Nebraska Department of Health and Human Services Division of Behavioral Health Office of Consumer Affairs and the University of Nebraska Public Policy Center.*



### **TIM SAUBERS** **CPS**

Tim Saubers is a person with lived experience with both mental health and substance use challenges who got his start as a Wisconsin Certified Peer Specialist in 2016, and has worked in direct support and supervisory roles. He previously managed Wisconsin's Certified Peer Specialist state certification program.

Currently, he serves as the Program Coordinator for Workforce Development at the Peer Recovery Center of Excellence while also providing consultation centered on curriculum and exam development, research, and programmatic design.