

## Peer Support Specialist Values, Ethics, and Boundaries

*For Nebraska Certified Peer Support Specialists (CPSS), CPSS supervisors, professionals in psychology, behavioral health, and social work*

This presentation will educate participants (Nebraska Peer Support Specialists and CPSS supervisors) about Peer Support Specialist values and ethics based on the Nebraska Peer Support Specialist Code of Ethics and their relationship to values and ethics of licensed behavioral health clinicians. The presentation will also explore the relationship between personal and professional boundaries and provide opportunities for participants to apply Peer Support Specialist ethical principles to service delivery scenarios.

### OBJECTIVES

1. Identify similarities and differences between the role and ethics of a Peer Support Specialist and those of clinicians.
2. Discuss how personal boundaries relate to ethics, for both Peer Support Specialists and supervisors.
3. Identify personal and agency strategies for productively addressing conflicts involving peer support values and ethics.
4. Demonstrate provisions of the Nebraska Certified Peer Support Specialist (CPSS) Code of Ethics values and principles with a scenario.

### LOCATION

Zoom Meeting

### COST

No fee to attend this training.



### REGISTER ONLINE

[go.unl.edu/peer\\_values\\_ethics](https://go.unl.edu/peer_values_ethics)

Wednesday, January 31, 2024  
9:30 a.m.–2:30 p.m.\* (Central)

*\*This training will include a one hour lunch break as well as additional breaks during the presentation.*

### CONTINUING EDUCATION

**INSTRUCTIONAL LEVEL:** Intermediate

This training has been approved for **3.75 continuing education (CE) credits for psychologists\***, **3.75 CE credits for Nebraska CPSS**, and **3.75 CE credits for Nebraska LMHPs/LIMHPs**. Credits will be awarded to participants who attend the entire training.

*\*Continuing education for psychologists may be used by other licensed behavioral health professionals. Please check with your licensing board. Continuing education credit is granted on a one credit per one instructional hour basis.*

*The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.*

### SPONSORS

*Sponsored by the Nebraska Department of Health and Human Services Division of Behavioral Health and the University of Nebraska Public Policy Center.*



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### LISA GOODALE

MSW

Lisa Goodale is Training Maven/Senior Training Director for Humannovations and an independent consultant in the fields of behavioral health and wellness, peer support services, and the meaningful inclusion of people with lived recovery experience in decision making and leadership. She has served as a consultant with Westat and as Quality Assurance Manager with Affirma Solutions for the SAMHSA Evidence-Based Resource Development Guides (EBRD) initiative. A past Vice President for the Depression and Bipolar Support Alliance (DBSA) national headquarters, Goodale was instrumental in securing and managed a \$1M+ national peer specialist training and certification contract with the Department of Veterans Affairs. Goodale has trained Peer Specialists in 18 states with DBSA and Appalachian Consulting Group.